



Joy K. Zasadny, DC
St Croix Chiropractic and Wellness, LLC
520 S. Washington St.
St Croix Falls, WI 54024
715-483-9991

LICENSURE:

MN Board of Chiropractic Examiners: Chiropractic License February 2008 #5088
WI Board of Chiropractic Examiners: Chiropractic License March 2008 #4404-012
WI Board of Chiropractic Examiners: Nutritional Counseling March 2009 #4404-012

EDUCATION:

Northwestern Health Sciences University Bloomington, MN
Degree: Doctor of Chiropractic November 2007

Milligan College Johnson City, TN
Degree: Bachelor of Science May 2002
Major: Exercise Science Minor: Psychology

EMPLOYMENT HISTORY:

October 2008- Present	St Croix Chiropractic & Wellness St. Croix Falls, WI
March 2008- January 2009	A Touch of Life Amery, WI Chiropractic Practice Relief
January 2005- November 2006	American Red Cross Instructor CPR, AED, First Aid
August 2003- January 2005	Galyan's Trading Company Richfield, MN Sales Associate -assist customers with outdoor equipment, footwear, and apparel.
May 2003- December 2003	Northwest Athletic Club Bloomington, MN Personal Trainer -design and implement custom workout routines for clients -orient new members to gym equipment



- 1999-2003
Seasonal **Wolf Laurel Ski Resort** Mars Hill, NC
Professional Ski Patrol
-maintain safe ski area, provide emergency care
-customer service and public relations
- May-August
2001 **Adventurous Christians** Grand Marais, MN
Trail Guide
-plan and guide canoe trips in the Boundary Waters Canoe
Area Wilderness
- July 1998-
August 2000 **Young Life** Melbourne, FL
Student Staff
-mentor and counsel youth
-organize and implement gatherings twice weekly
- 1996-1999
Seasonal **Hennepin County Parks** Maple Plain, MN
Head Lifeguard, Lifeguard, Park Service Officer
-maintain safety, supervise and train peer lifeguards
-patrol parks and enforce park regulations
-customer service and public relations

CURRENT CERTIFICATIONS:

Emergency Medical Technician
American Red Cross CPR/AED and First Aid Instructor
Outdoor Emergency Care Technician
National Ski Patrol Member – Alpine Patroller

OTHER EXPERIENCE:

- May 2002-
October 2002 Continuous Hike of the Appalachian Trail
Georgia to Maine – 2,168 miles
- August 2005 Superior Hiking Trail
Two Harbors to the Canadian Border – 200 miles
- August 2007 Paddle of the Minnesota/Canadian Border
Lake of the Woods to Lake Superior – 350 miles
- September 2009 Coast to Coast Trail
Northern England – 200 miles